



May 26, 2023

School News

Sequim Middle School

Office Hours: 7:00-3:30 p.m.

Main Office 360-582-3500 Attendance 360-582-3503



What do I need to know before the week starts: 5/29-6/2

Part 12 "Middle School Matters" - Phyllis Fagelli –

Tackling Homework

Key Skills Impacted: 3-Manage a student-teacher mismatch, 4-Create homework and organization systems, 6-Self-advocate, 8-Cultivate passions and recognize limitations.

Top Tips for Parents:

- Try to figure out the root of the homework problem. Does it feel irrelevant? Is your child disorganized? A perfectionist? Do they struggle with task initiation? Spend too much time online?
- Figure out where they're most efficient. For some kids, that will be by your side at the kitchen table, while others can work in their room.
- Spruce up the study experience. Have them wear "learning attire" that sets the mood, and ask them to name and decorate their planner. Clear a study space of distractions.
- Build in breaks, whether they do a mindfulness exercise or go for a bike ride.
- If homework time is high-conflict, let the school intervene.
- Teach your child to self-advocate by providing scaffolding.
- Small, meaningful rewards are okay, but don't pay kids for earning good grades.
- Choose one of five minute rituals you can do consistently to reinforce good habits.
- Instill a growth mind-set by reminding them that they simply haven't mastered a skill yet.

Conversations Starters:

- "You seem stuck. How can I help?"
- "Let's figure out a homework schedule. What do you think would work best for you?"
- "I can see you're frustrated. Why don't you plan to ask your teacher for help. Do you want to ask to see tomorrow morning?"
- "You're too upset to concentrate at the moment. Do you want to take a break?"

Logistics:

5/29: Memorial Day—**NO SCHOOL**

5/30-6/9: Spring Dance ticket sales, \$10 per person, \$8 if you buy with a friend

5/31: Spirit Day—**BEACH DAY!**

6/2: ASB Executive Council Applications due (current 6th/7th graders)

CLUBS:

Mon: HOSA— Future Health Professionals, 2:45

Mon: TSA Club—2:45-4:00

Tue: Timberwolves Thunder Drumline, 2:45-4:00

Tue: Art Club, 2:45-3:45

Tue: Tea with Taylor, 2:45-3:45

Wed: Hiking Club, 2:45-4:00

Wed: Woodwind & Brass Club, 2:45-4:00

Thurs: Fly Fishing Club, 2:45-4:00

Thurs: TSA Club—2:45-4:00

Thurs: Sequim Thunder Drumline (Advanced), 2:45-4:00

Thurs: Game Club, 2:45-4:00

Next Week 6/5-6/10

Logistics:

6/10: All School Spring Dance, 6-9pm, SMS Gym

A week or more out...

Logistics:

6/12: All library books due

6/13: SMS/SHS Choir Concert, 7PM

6/15: All Band Concert, 6PM, SHS Auditorium

6/16: Grad Walk, 10AM

6/19: Juneteenth, **NO SCHOOL**

6/21: 8th Grade Moving On Ceremony, 6PM, SMS Gym

6/23: Last day of school, **EARLY RELEASE @ 11:00**

6/23: Medication pick up by noon

6/26 & 6/27: Bus medication pick up, SMS office

**BUZZZZZING
IN TO SAY...**



**SMS LIBRARY BOOKS
ARE DUE JUNE 12TH**

Clallam County Health and Human
Services
will be available to administer

**STUDENT *school*
required VACCINATIONS –
FREE
Timberwolf Days August
30th, 2023 from 1:00pm-
4:30pm**

STUDENT COUNCIL

SPEAK OUT BE HEARD MAKE A CHANGE

**FOR CURRENT 6TH AND 7TH
GRADERS**

**Would you like to represent your
graduating class next year?**

If you are interested in applying for a
position on the 2023-2024 ASB Executive
Council, please click on the Application
Form below.

[ASB Executive Council Application](#)

Leadership class
presents

Green

Spring & Fing

Saturday
June 10 at 6-9pm

In The Gym

*Tickets on sale now
at student services til June 9th*

POPCORN. SODA. MUSIC
and Dancing

*\$10 per person
\$8 if you buy
with a friend*